Breakfast & Snack Menu (South)



Winter/Spring 2024-25

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|-----------------------------|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| 1 | Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| | Cereal: Cheerios | Whole Wheat Toast | Raisin Bread | Cereal: Rice Krispies | Oatmeal |
| | Oranges | Hard-Boiled Eggs | Pears | Oranges | w/ Raisins and Cinnamon |
| | Milk* | Milk* | Milk* | Milk* | Frozen Strawberries Milk* |
| | Snack: | Snack: | Snack: | Snack: | |
| | Yogurt | Assorted Crackers | Cottage Cheese Dip | Graham Crackers | Snack: |
| | Canned Peaches | Mozzarella Cheese Sticks | Apples | Bananas | Whole Grain Cheez-Its |
| | Water | Water | Water | Water | Oranges |
| | | | | | Water |
| ll l | Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| | Cereal: Corn Flakes | Whole Wheat Bagels | Whole Wheat English Muffins | Yogurt | Whole Wheat Waffles (WGR) |
| | Apples | Pears | Mandarin Oranges | Canned Peaches | Frozen Mangos |
| | Milk* | Milk* | Milk* | Cheerios Milk* | Milk* |
| | Snack: | Snack: | Snack: | | Snack: |
| | Soft Pretzels | Whole Wheat Pita | Ritz Crackers | Snack: | Animal Crackers |
| | Oranges | Hummus | Mozzarella Cheese Sticks | Cottage Cheese Dip | Oranges |
| | Water | Water | Water | Apples | Water |
| | Traco. | Truco. | Truco. | Water | riacoi |
| III | Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| | Cereal: Cheerios | Raisin Bread | Yogurt | Cream of Wheat | Whole Wheat Toast |
| | Apples | Bananas | Canned Peaches | w/ Raisins and Cinnamon | Hard-Boiled Eggs |
| | Milk* | Milk* | Cheerios | Frozen Strawberries | Milk* |
| | | | Milk* | Milk* | |
| | Snack: | Snack: | | | Snack: |
| | Triscuit Crackers | Soft Pretzels | Snack: | Snack: | Trail Mix |
| | (Ritz Crackers for Infants) | Oranges | Assorted Crackers | Whole Grain Cheez-Its | (Cheerios & Raisins) |
| | Salsa | Water | Mozzarella Cheese Sticks | Oranges | Water |
| | Water | | Water | Water | |
| IV | Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| | Cereal: Rice Krispies | Whole Wheat Waffles (WGR) | Whole Wheat Pancakes | Whole Wheat French Toast Sticks | Whole Wheat Bagels |
| | Oranges | Frozen Mangos | Applesauce | (WGR) | Mandarin Oranges |
| | Milk* | Milk* | Milk* | Oranges | Milk* |
| | | | | Milk* | |
| | Snack: | Snack: | Snack: | | Snack: |
| | Graham Crackers | Grape Tomatoes | Goldfish Crackers | Snack: | Whole Wheat Pita |
| | Canned Peaches | (Ritz Crackers for Infants) | Apples | Yogurt | Hummus |
| | Water | Mozzarella Cheese Sticks | Water | Canned Peaches | Water |
| | | Water | | Water | |

^{*}Milk served is Whole, Non-fat, or Soy

Juice is not served for any meals.

^{***}UBCCC is an Equal Opportunity Provider / If your child has a food allergy, please notify us.***